Water
Always keep an eye out for little kids around the water. They can drown in almost anything; even a bucket or a puddle, so help mom and dad keep a watchful eye!

Never
It's important that kids never, ever swim alone. There is just way too much that could go wrong. Always have an adult around in case you need help.

Chase
Never chase a toy into a river or other deep water to try and retrieve it. Call an adult to help you instead. You can always replace a toy, but we can't get a new you if you drown!

Tired
Don't use up all your energy swimming out too far. Remember, you need to have enough energy to swim back! If you start to get a little tired before you're halfway there, turn back immediately!

Check
Before you jump off a diving board or platform, always check the water underneath to make sure there is nobody there. That would sure hurt to land on top of them!