



We all have ups and downs in life. Sometimes it feels like we're on top of the world, floating on cloud nine, and other times it seems as though life won't stop dumping all of its misery on our shoulders. As a wise man once said, it rains on us all at times. Each and every one of us goes through ups and downs, highs and lows, each at different times and in different ways. So enjoy the times when you're up, and remember this when you're down: the doom and gloom can't last forever. Everyone just has to do their duty of being down in the dumps on occasion, but eventually, our fortunes will turn and we'll be back on top again. So just see the rough times through as best you can, and imagine how sweet it will feel to be back on cloud nine again!