We all want a perfect family; one where everyone is always happy and nothing ever goes wrong. One where everything's sunny and good all the time and there are never any problems. There's just one major problem with this wish: Families are never perfect. Sometimes they fight, and sometimes they argue. Sometimes they may annoy each other, and sometimes they may not get along. Sometimes parents do imperfect things, and sometimes family can let us down. Even the best of families go through rough patches where they fight or do things that hurt each other.
It’s easy for kids to feel bad when their family goes through problems. When kids have parents who seem to argue too much, they may think it’s their fault or think that their family is broken, which makes them feel broken too. When kids have parents who don’t live with them or don’t see them enough, they may begin to feel like they’re not as lovable as kids who have parents who are there all the time. Whatever the issue, family problems can leave kids feeling like maybe they are flawed or not as good as other children around them. So it’s important to remember two things about family: First, all kids have parents and family who sometimes argue, fight, or say mean things to each other. All kids come from families that are imperfect in their own unique way. So even though it may seem like other kids have perfect lives, every family has struggles in ways you can’t always see.
Second, children can experience setbacks in their family through no fault of their own. We've seen the most lovable kids be let down or abandoned by their parents, and the most caring kids come from families that have conflict. Family flaws are not a sign of flaws in you.

Families come in all shapes and sizes, with all unique people, each with their own particular strengths and their own unique flaws. Whether your family consists of one parent or two, whether you have grandparents taking care of you or you live in an adopted family, whether you have step-dads or step-moms, the important thing is that you have others who love and care for you. Love is never perfect, but perfectly good and decent kids come from imperfect families of all types. We just need to treasure the strengths of those we love and do our best to work through their flaws. If you remember this, we can work towards making our family as perfect as a family could ever be.