It can be really hard having a parent away in the military. We miss them, we worry about them, we wish more than anything for them to be back with us again. But no matter how much we wish they were back, nothing we can do will make that happen any sooner.

So try not to think about how much it hurts to miss them. Instead, try focus on how happy you’ll be when you see them again. How wonderful it will be to hold them in your arms again. Think about all the different things you’ll do and the wonderful times you’ll have when they return. And always remember that wherever they may be at the moment, your mom or dad or brother or sister is looking up at whatever beautiful things they have in front of them and thinking about how wonderful it will be to hold you in their arms and see you again, too.