





We all love our pets, and so when one dies, it can be a painful experience. Feeling sad is just a sign of how much you loved your lost pet. It's OK to be sad, it's OK to cry, it's OK to grieve. As painful as grieving may be, it's part of the natural process we all go through whenever we've lost something that was important to us. Sometimes you have to get all the sad out before you can start to feel happy again.

But as you're grieving and feeling sad, try also to celebrate the lives you shared together. Think about the many fond memories and all of the experiences you had with your pet. The great news is, we get to keep these cherished memories in our heart forever and ever. Nothing can take those away from us. It's unfortunate, but no pet can live forever. What's important is that while they were here we cherished those wonderful times that we had together, so that we can draw from these memories of the love we shared, even long after they're gone.

